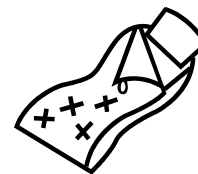


## Preble County Camp Suggested Packing List

*Please label everything with at least a last name.*

*Be sure to read second page.*

- Jeans – 1 pair is often enough
- Shorts
- T-shirts or other short sleeve shirts
- Long sleeve shirts
- Sweatshirt or a fleece (Nights can be chilly)
- Underwear (bring enough for each day, plus extra)
- Socks (you can never have too many socks)
- Comfy, but sturdy shoes for hiking and sports
- Old tennis shoes (for getting muddy)
- Swimming suit (LADIES: MUST BE ONE PIECE OR TANKINI. NO BIKINIS)
- Pajamas or sleepwear
- Washcloth and towels (one for swimming, one for bathing, one or two extras)
- Toiletries: toothpaste, toothbrush, soap, shampoo, hairbrush, sanitary supplies, chap-stick and travel size tissues.
- Deodorant (recommended for ages 10 and up. We are very active here!)
- Sleeping bag or twin size sheets and blanket. (NO NEED TO BRING BOTH).
- Pillow with pillow case
- Water-bottle - be sure to label with name.
- Rain Coat or umbrella
- Sunscreen and bug spray
- Laundry bag (or garbage bag) for dirty laundry
- Any prescription medications you need while you're here (must be in original prescription bottle; will be checked in with the camp nurse)
- Lawn chair in a bag
- A plain white T-shirt if your child signed up for the tie-dye workshop



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### *Optional Items*

- Flashlight
- Disposable Camera(s)
- Journal
- Letter writing material: stamps, pens, pencils, stationary, envelopes (pre-addressed is best)
- Hat, cap or bandana
- Shower sandals (these can be flip flops)

### **What NOT to Bring to Camp**

- Cell Phones, iPods, Radios, CD's, or other electronic devices (we cannot be responsible for these items and they take away from the camp experience—most cabins have music in them).
- Weapons, including pocket knives
- Over the counter medications (we have a fully equipped nurse's office). If a camper brings over the counter medicine, it must be checked in with our camp nurse at check in.
- Fireworks, Shaving Cream, Water guns, Water Balloons etc.

Campers may be dismissed from camp if found possessing weapons, illegal drugs, alcohol or cigarettes.

### **Ohio 4-H Camp Cell Phone Policy**

As a means of risk management, youth participants (campers and counselors) may not possess cell phones\* during 4-H camp. Counselors shall not use cell phones (as alarms, music players, etc.) in their cabins at any time. Camp Program Directors have discretion for permitting camp counselors selective cell phone use during limited time periods, such as during out-posting, nature treks, or off-camp travel (field trips), or for other safety concerns where the use of two-way radios is not practical. Camp Program Directors will determine consequences for possessing a cell phone. The State 4-H Office recommends a zero tolerance approach: If an individual is caught with a prohibited cell phone, they will be sent home at the family's expense.

\* Camp Program Directors also have discretion for prohibiting other internet-enabled devices at their 4-H camps