

# Weekly

## 4-H Word

August 26, 2019

As the summer winds down, we wanted to take a moment to say a huge thank you to everyone who helps to make our 4-H Program possible. From our outstanding advisors to our youth volunteers to our dedicated parent to our youth members—you are all appreciated. We see all the big things you do to help our program and the little things as well. Thank you to everyone for the many hours you dedicate to the Preble County 4-H Program!



**OFFICE HOURS**—We will be returning to regular office hours (M–F 8:30 AM—4:30 PM) beginning after Labor Day. As always, it is not a bad idea to call ahead. With only 2 of in the office, there are occasions where we are both out of the office.

**WELCOME TO OUR OFFICE**—We are excited to welcome Jackson Hile to Preble County as a SNAP-Ed Program Assistant. Jackson comes with a 4-H background and an enthusiasm for educating the community.

The mission of our SNAP-Ed is to prevent obesity by promoting good nutrition habits and physical activity, which also serves to prevent chronic disease. We do that by working to create a community where the healthy choice is the easy choice (think of public buildings with vending machines that sell bottled water instead of pop, farmers' markets that double the amount of produce you can purchase when using SNAP benefits, and salad bars with lots of fresh produce available in school cafeterias) SNAP-Ed is a federally-funded program that is implemented through Ohio State, a Land Grant university.

Jackson is housed in our office, but because of the grant funding is limited in what he can do with our traditional Extension programming. He cannot answer phones or handle the walk in customer service we have. He will be dedicating his time to making contacts in the community and providing educational programs within the SNAP-Ed guidelines. Please be sure to welcome Jackson to Preble County.

**JUNIOR FAIR BOARD** – Junior Fair Board is a great opportunity for youth to build leadership skills while giving back to the community. While there is hard work involved there is also time for fun and friendship building.

We are looking for new junior fair board members. Applicants should be 14 by January 1 (13 year olds who exhibit maturity and have previous leadership experience may be considered). Applicants must be a member in good standing with their junior fair organization and be available to participate in junior fair activities including monthly meetings. The JFB constitution, Job Description and Responsibilities are posted at <https://preble.osu.edu/program-areas/4-h-youth-development/preble-county-fair>. The application and reference forms are also posted at the link above.

The application deadline has been extended to September 6, 2019. Interviews will be scheduled after that date. The term for new members begins on November 1.

**4-H BANQUET**—Look for information soon about the 4-H Banquet.



**PORK FESTIVAL ICE CREAM STAND**—The ice cream stand at the Pork Festival (September 21—22) is the major fundraiser for our 4-H program. It takes many hands to scoop ice cream and take care of other jobs. Please sign up to work a 2 hour shift. Funds from the fundraiser help to provide 4-H Camp scholarships, scholarships to State Leadership camps and opportunities as well as other things as needed for our 4-H program.

You can sign up for a shift by logging into your 4Honline account and clicking on My Meetings.

**GREAT LAKES GREAT APPLE CRUNCH** - Have you registered for the 6th annual Great Lakes Great Apple Crunch on October 10, 2019 yet? Don't miss the opportunity for your 4H club to "crunch" into Ohio grown apples to celebrate National Farm to School Month, healthy eating and local farmers in October. Learn more and register at <https://www.cias.wisc.edu/applecrunch/>

Why register? When you register you will receive an updated copy of the Crunch Guide with tips on where to get local apples and how to celebrate the Great Apple Crunch. Your event will also be counted to help us meet the goal of 1.6 MILLION CRUNCHES this year!

**STATE ACHIEVEMENT FORM WORKSHOP**—One of the highest honors in Ohio 4-H is to be selected as a State Winner in a project area. Winners at the State level receive a trip to Atlanta, Georgia to the National 4-H Congress. State Winners are selected from those who complete a State Achievement Form. Our Preble County forms were designed to collect the information needed to easily complete these state forms. The Teen Leadership Council is providing 2 workshops this fall for 4-H members interested in completing the state forms. The workshop is ideal for first time achievement form completion or general information. This session will cover basic information about completing the form. Learn about opportunities that can arise from successful achievement form completion, improve record keeping skills, enhance forms to make them even stronger. The workshop is for 4-H members completing the achievement form, AND 4-H professionals/parents/advisors who want to learn more

When: Saturday, September 14, 2019, 6:00-8:00 p.m.    RSVP by September 9, 2019 to [epley.24@osu.edu](mailto:epley.24@osu.edu).  
Where: Nationwide & Ohio Farm Bureau 4-H Center  
Cost: FREE

An online option will be available for this workshop. The online version can be viewed from home or here at the Extension Office. If you are interested in this option, please let us know.

FUTURE WORKSHOP: Sunday, November 24, 2019; 6:00-8:00 p.m. Nationwide & Ohio Farm Bureau 4-H Center.  
o More In-Depth Session-Ideal for 2+ year completion of the form (or those who have worked quite a bit on their form for the first year). It will offer work stations and coaches available to help attendees with already started or completed achievement forms. RSVP by 11/18/19.

**FORESTRY AND WILDLIFE CAMP**— 4-H Forestry Wildlife Camp will be held at Canter's Cave 4-H Camp October 11-13. This camp is a partnership with Hocking College and is a great opportunity for campers to meet and work with individuals in the field of Forestry, Wildlife, Parks and Recreation, Soil and Water Conservation as well as Extension professionals. The camp is for youth ages 12—16. There is a cost of \$35 for the first 40 campers registered and then \$77 once the scholarships have been filled.

They are also looking for counselors. Counselors must be approved 4-H camp counselors age 14 or older and approved by their home county for training hours.